

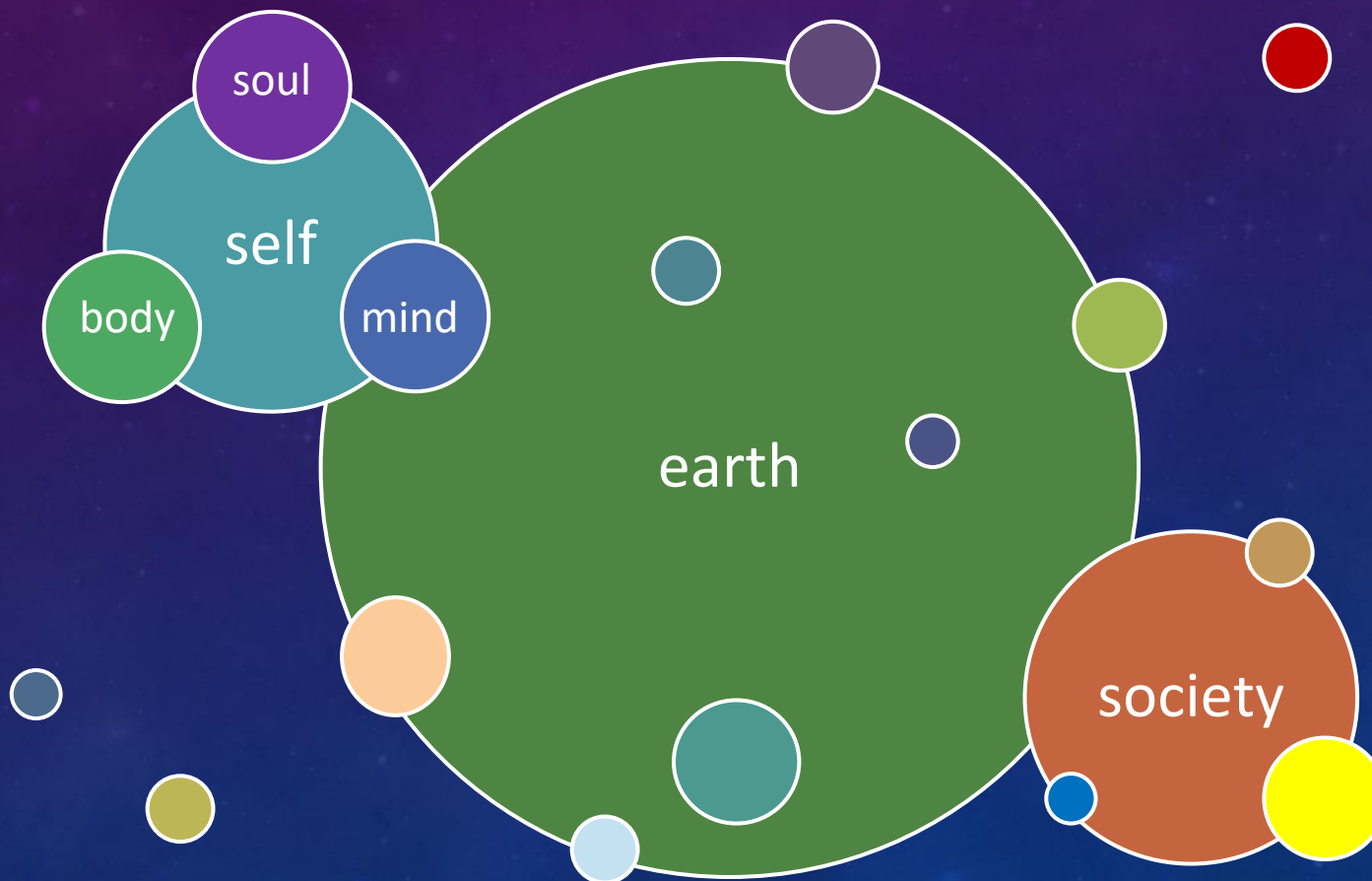
The background is a deep blue gradient with a subtle pattern of white dots. Overlaid on the left side are several concentric circles and arcs in a lighter blue color. Some of these arcs have degree markings, such as 150, 160, 170, 180, 190, 200, 210, 220, 230, 240, 250, and 260. There are also small white arrows pointing in various directions, suggesting a sense of movement or integration.

HOLISTIC INTEGRATION

AN AUTHENTIC SELF EMPOWERMENT FACILITATION PROCESS

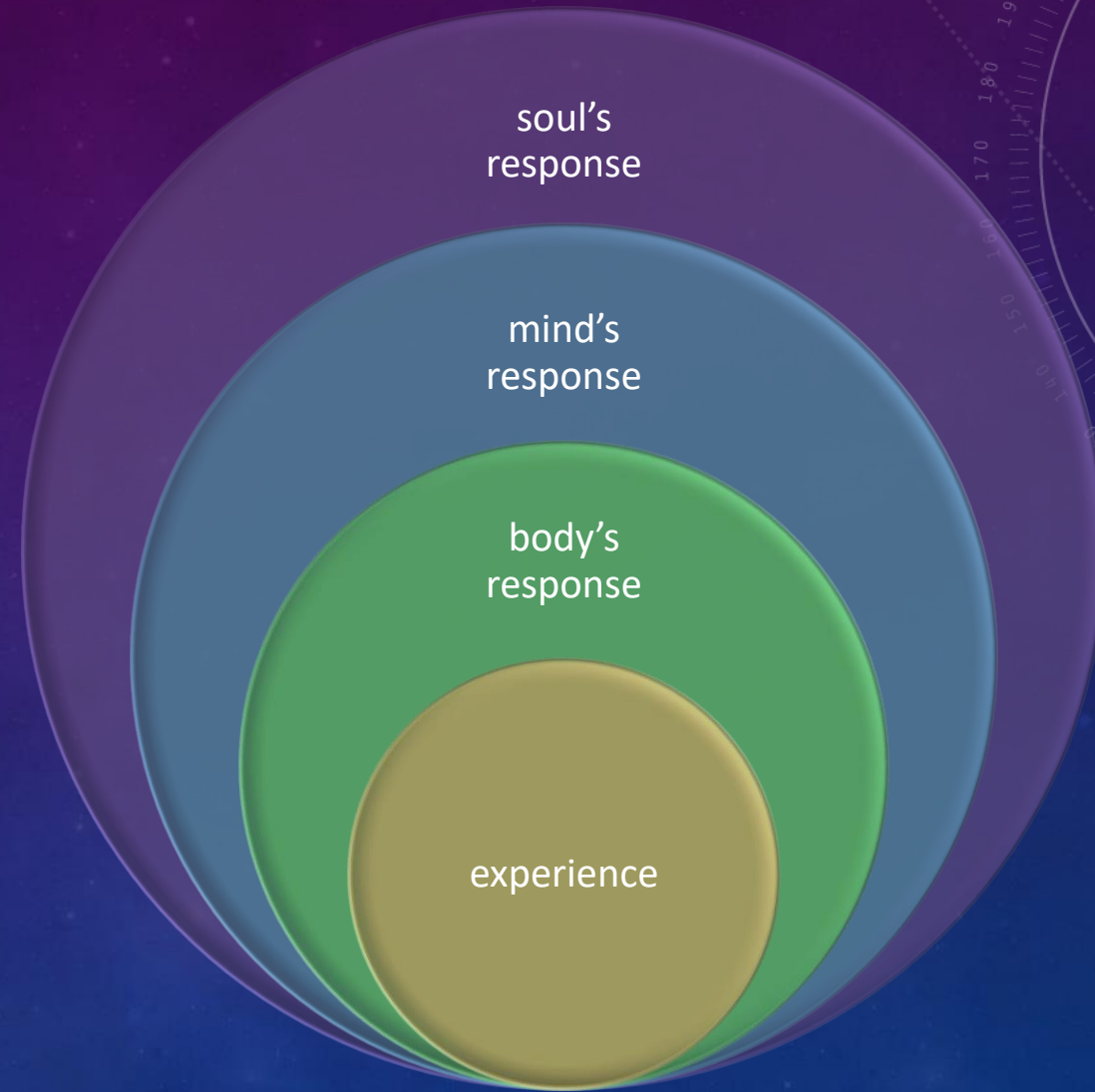
BY JEVON DANGELI

INTEGRATION FOR SELF, SOCIETY & EARTH



1. EXPLORE THE 3 RESPONSES

how are you responding to the experience?



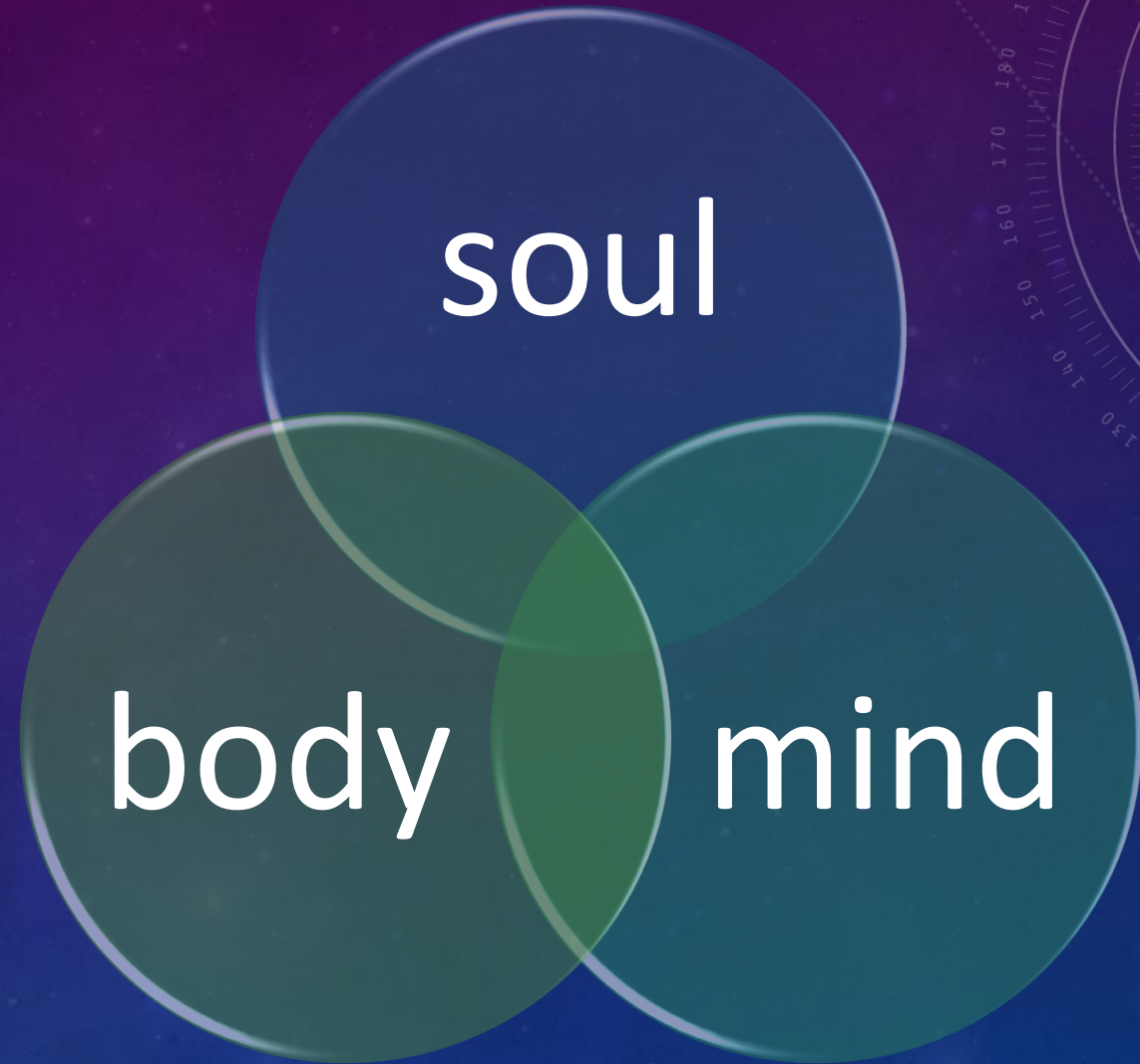
2. UNVEIL 3 INSIGHTS

what insights stem from each domain?



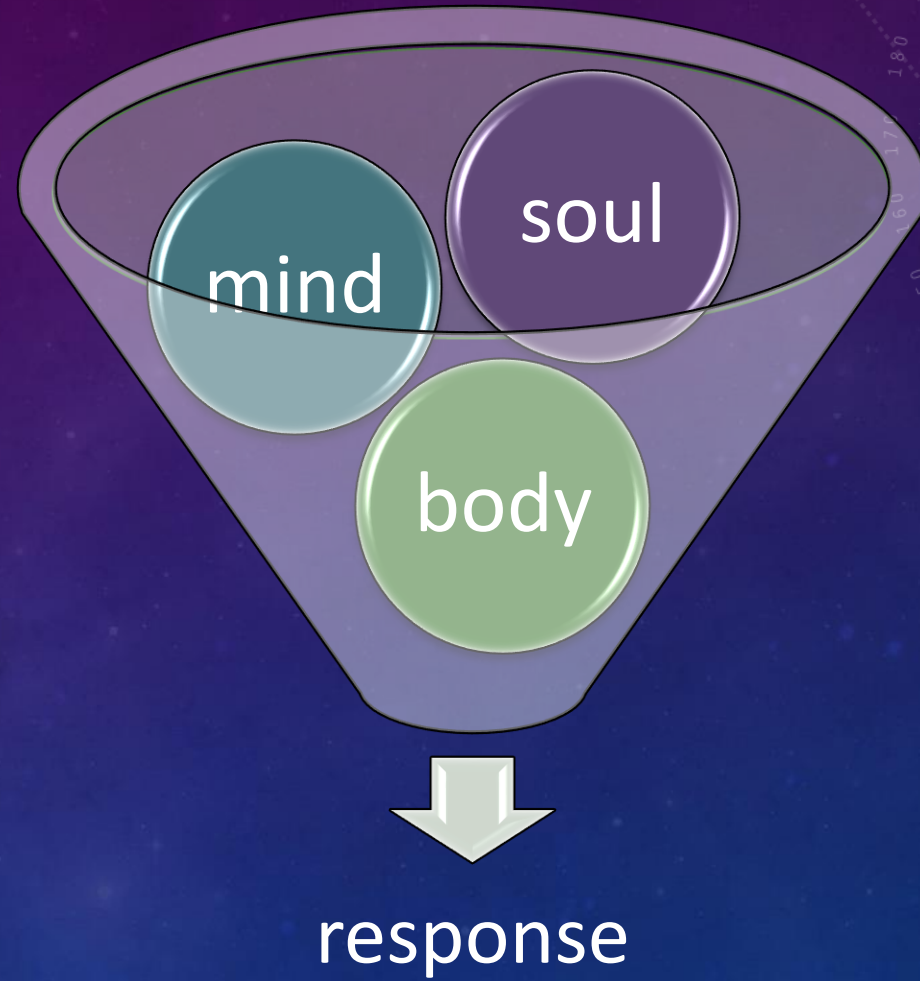
3. SYNTHESIZE THE 3 INSIGHTS

what is the core insight?



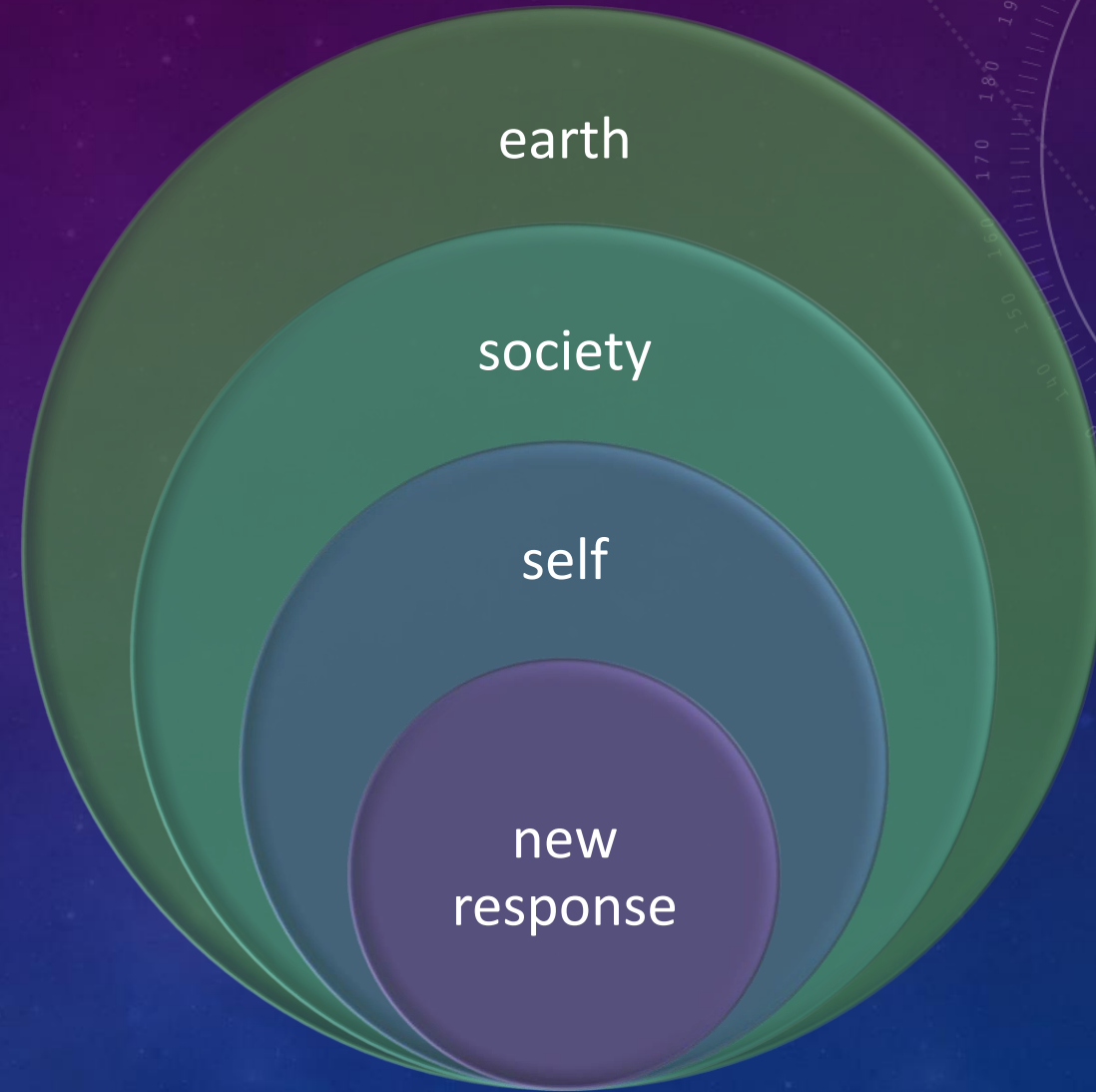
4. INTEGRATING THE CORE INSIGHT

what is your new response to the experience?

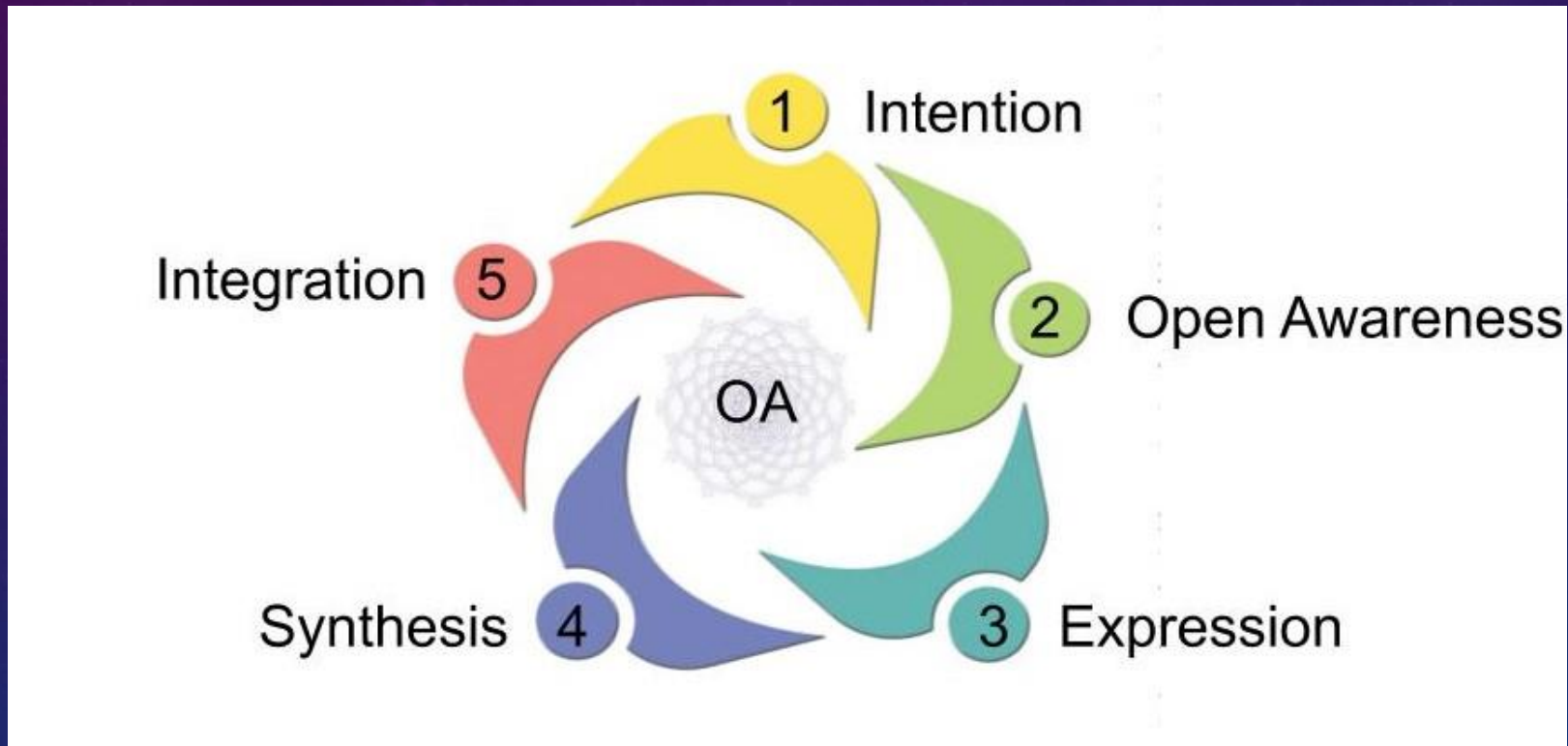


5. HOLISTIC FLOURISHING

what impact can your new response have
ecologically – win-win-win?



HOLISTIC INTEGRATION IS ADAPTED FROM THE OPEN AWARENESS INTEGRAL PROCESS



For more details visit <https://jevondangeli.com/open-awareness-for-change-initiative>