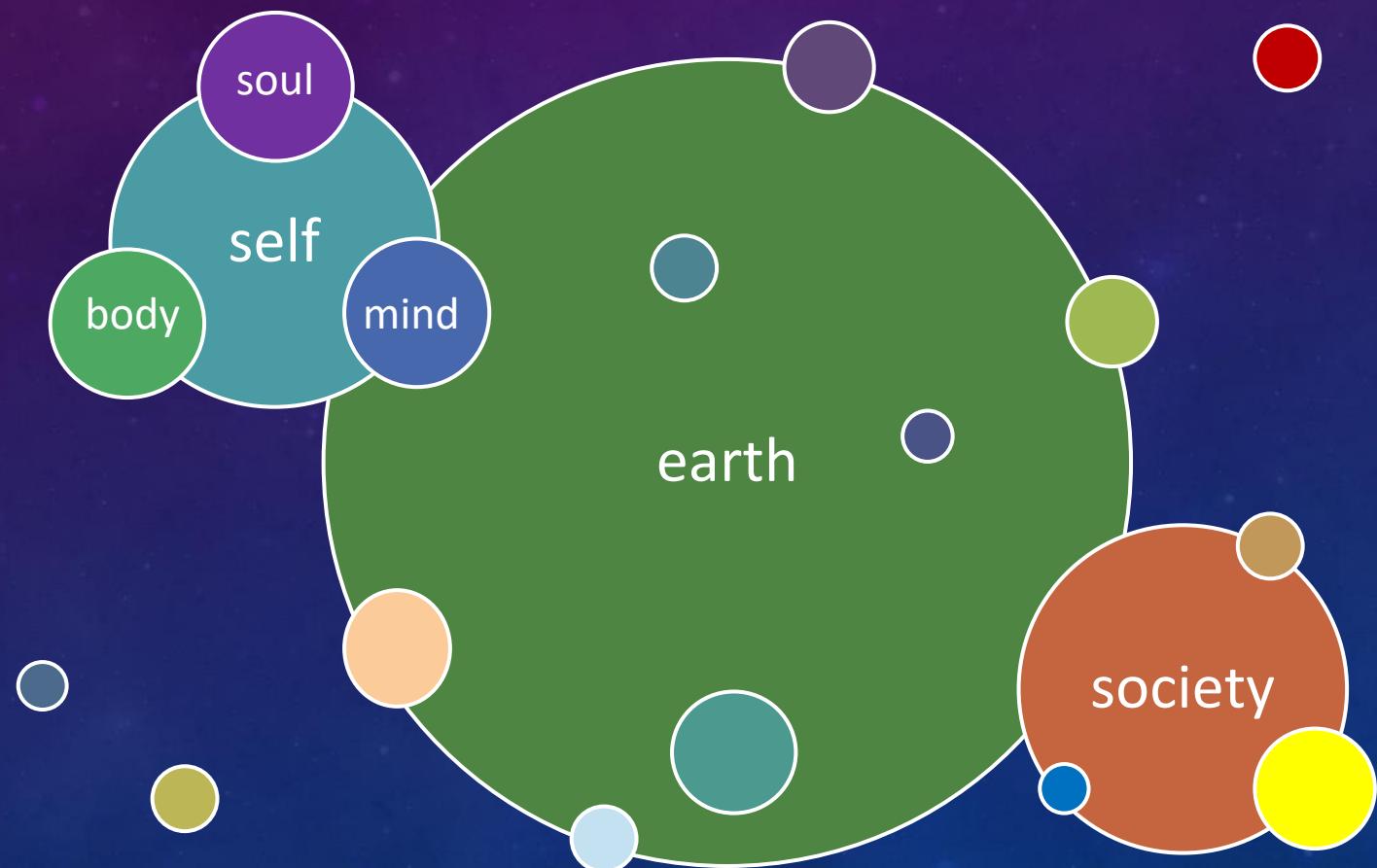


HOLISTIC INTEGRATION

AN AUTHENTIC SELF EMPOWERMENT FACILITATION PROCESS

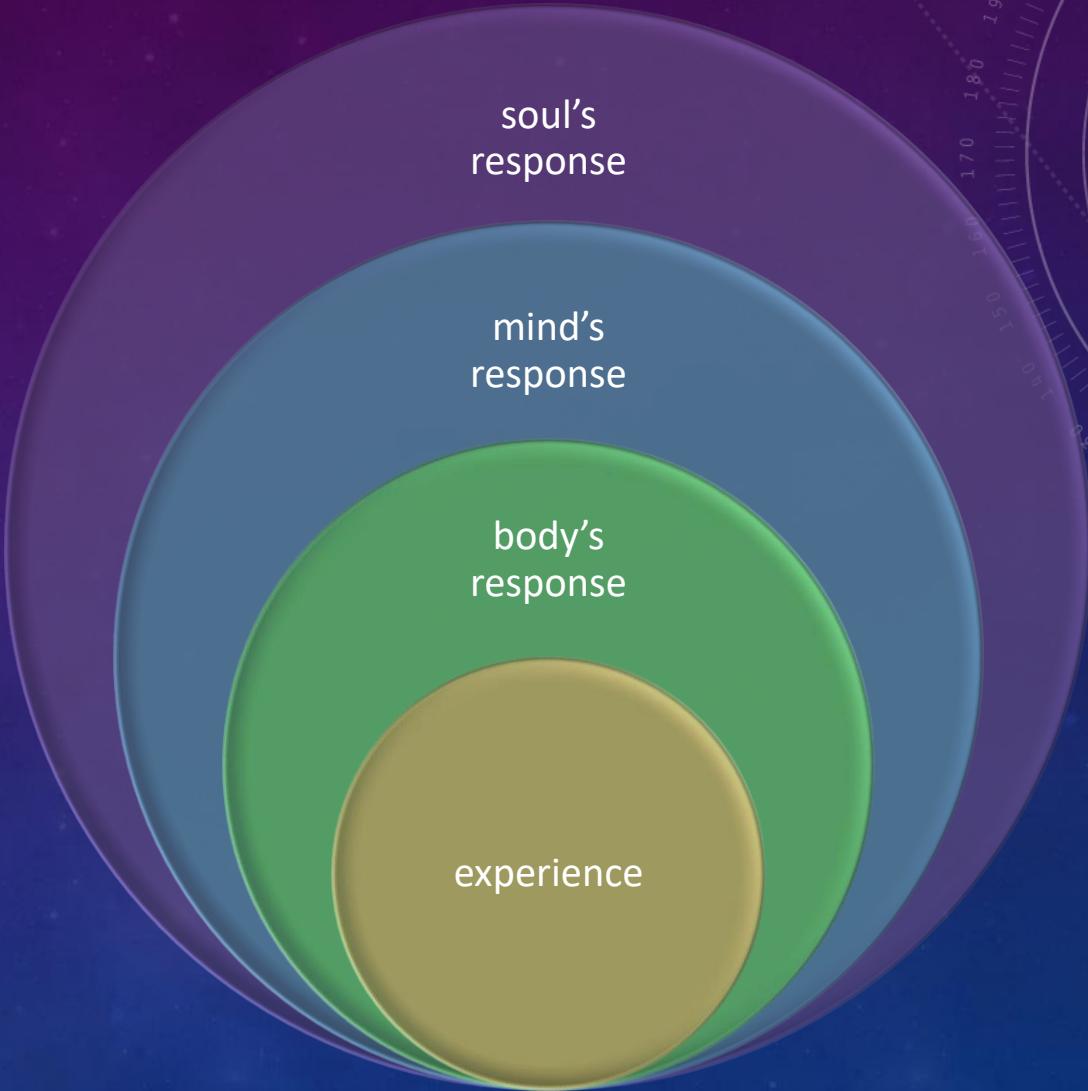
BY JEVON DANGELI

INTEGRATION FOR SELF, SOCIETY & EARTH



1. EXPLORE THE 3 RESPONSES

how are you responding to the experience?



2. UNVEIL 3 INSIGHTS

what insights stem from each domain?



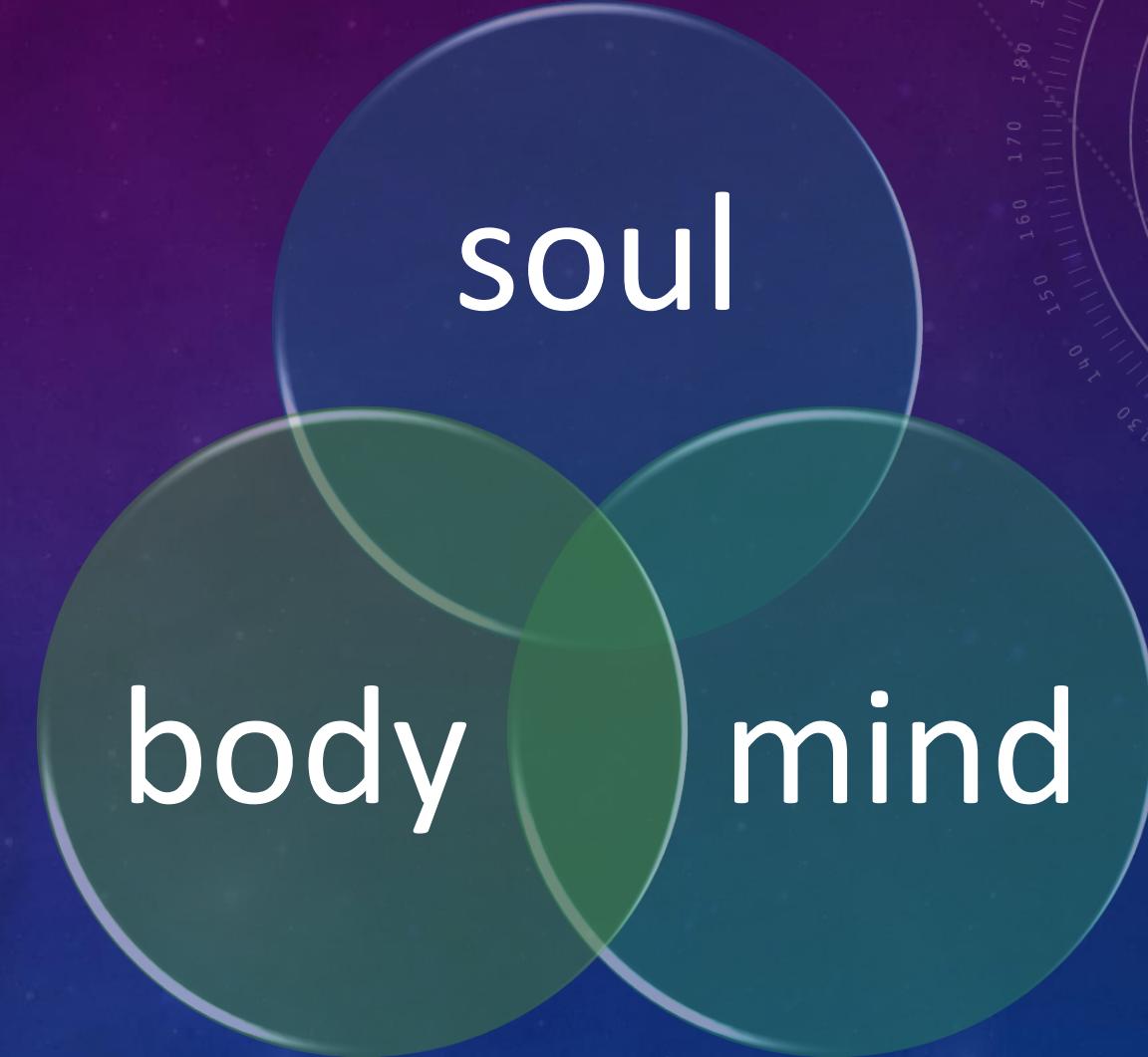
body's insight

mind's insight

soul's insight

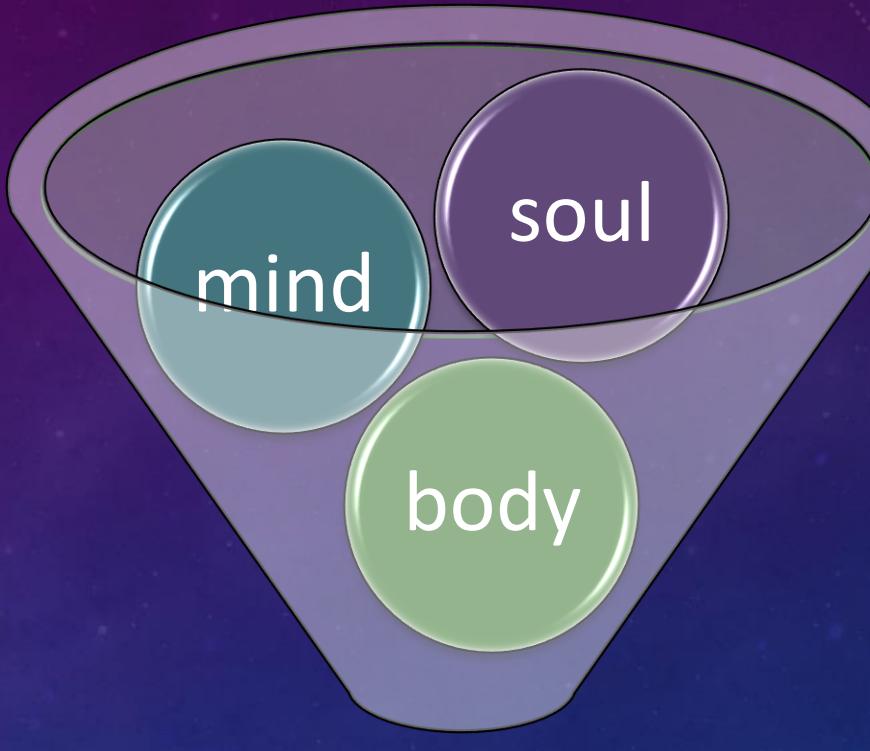
3. SYNTHESIZE THE 3 INSIGHTS

what is the core insight?



4. INTEGRATING THE CORE INSIGHT

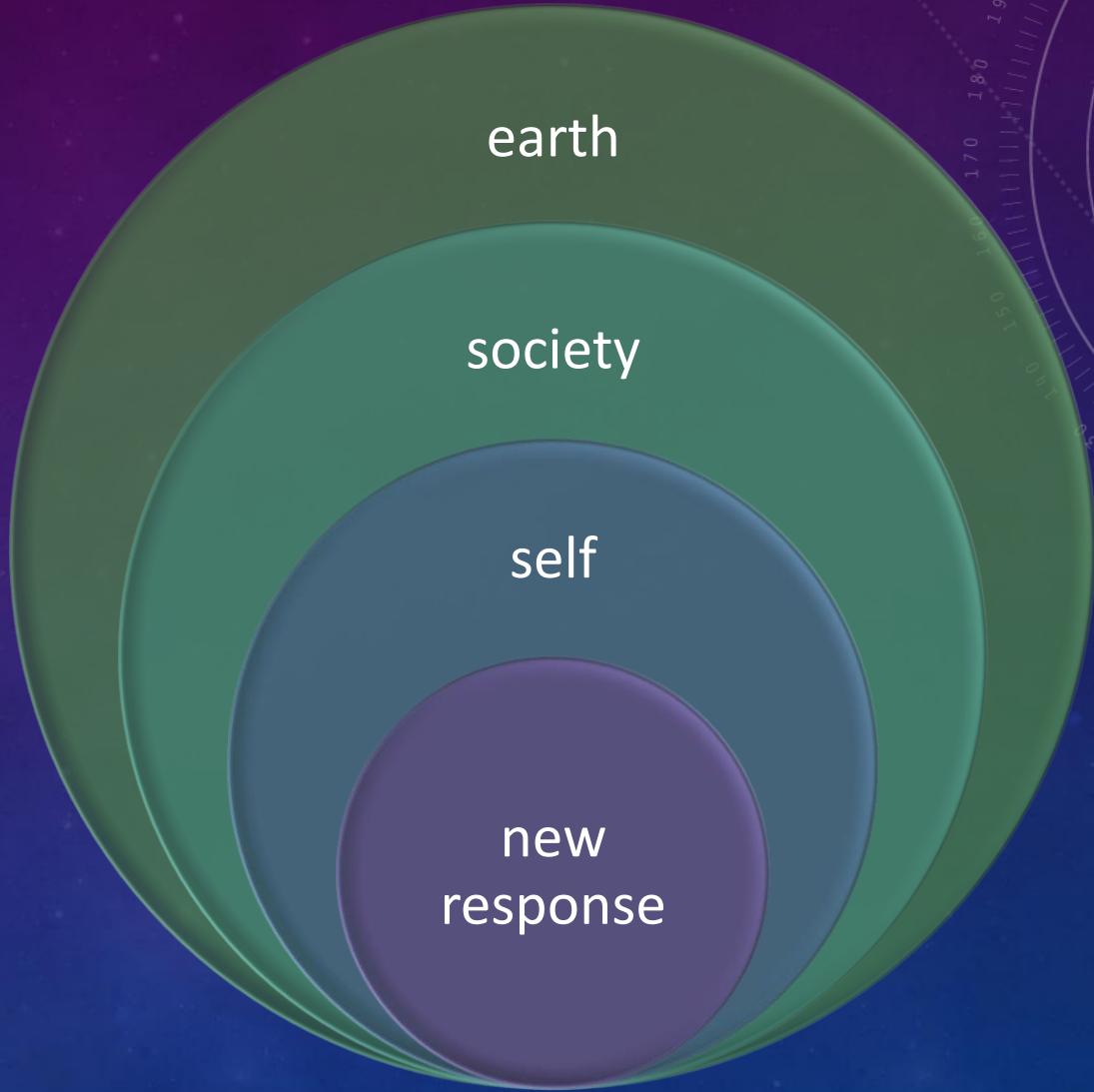
what is your new response to the experience?



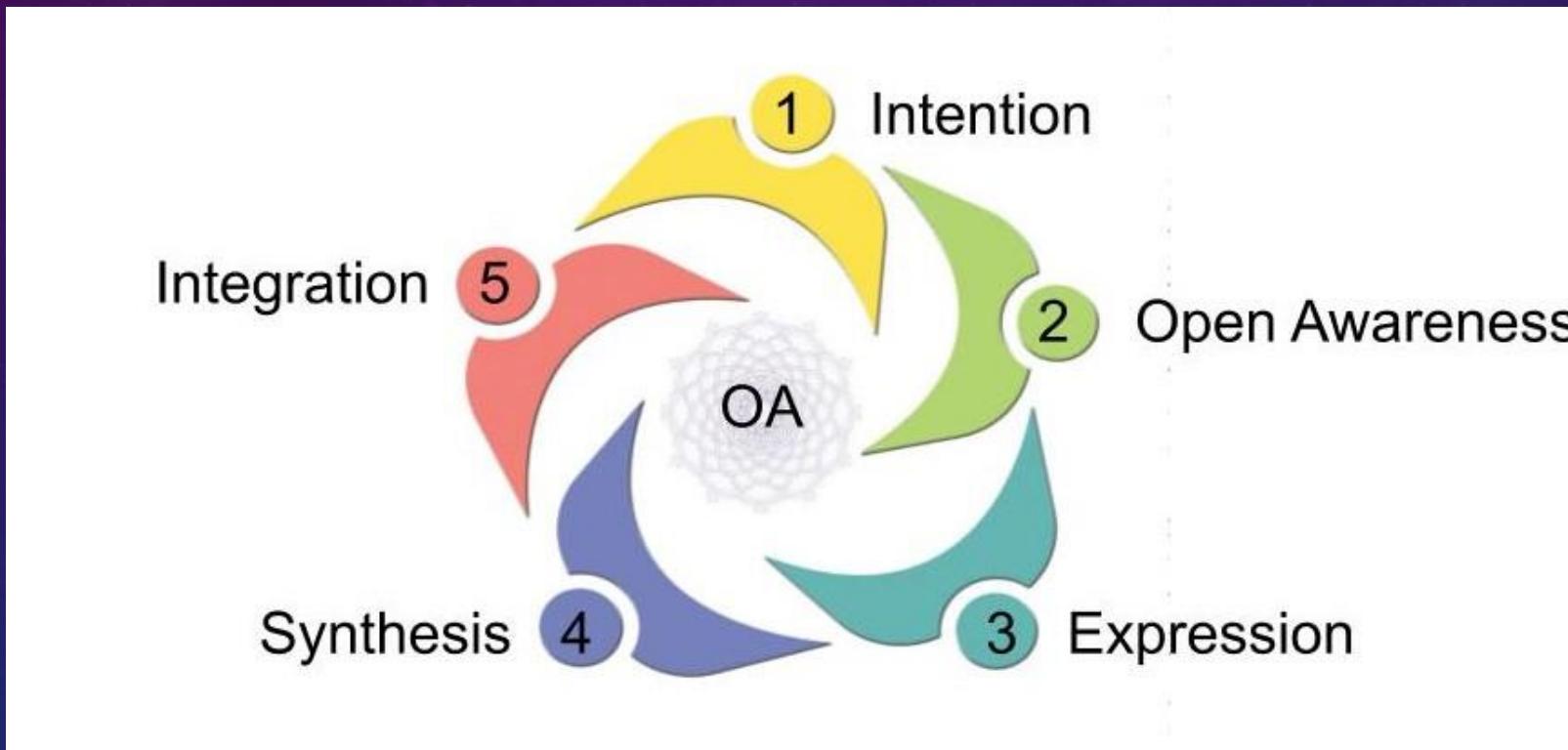
response

5. HOLISTIC FLOURISHING

what impact can your new response have
ecologically – win-win-win?



HOLISTIC INTEGRATION IS ADAPTED FROM THE OPEN AWARENESS INTEGRAL PROCESS



For more details visit <https://jevondangeli.com/open-awareness-for-change-initiative>