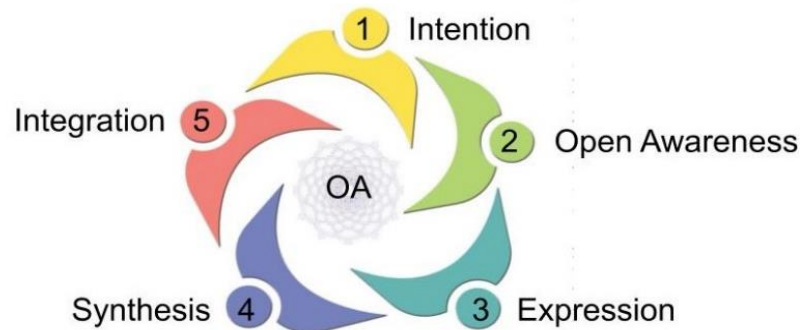


Open Awareness Integral Process – abridged for coaching individuals

Created by Jevon Dangeli



Step 1: Intention

Elicit issue: What do you want to take care of?

Elicit outcome: What do you want to achieve?

Step 2: Open Awareness

Coach assists client to access and anchor OA.

Step 3: Expression

Identify and leverage resource state: What is present for you? What are you noticing, etc?

Step 4: Synthesis

Merge resource state into issue/outcome: Consider your issue/outcome, and what is possible for you now?

Step 5: Integration

Ecology check and implementation: How do you foresee this change affecting you, others, and the environment in the future? How will you begin implementing this?

For more Open Awareness Integral Process information and resources, visit <https://authentic-self-empowerment.com/open-awareness-for-change-project/>