

Hypnotherapy Agreement Form

Hypnotherapy practitioner's responsibilities:

By agreeing to facilitate hypnotherapy sessions with the client named below, I, as the hypnotherapy practitioner named below will:

- Maintain high regard for client confidentiality and the privacy of their personal information.
- Avoid any unethical behaviours and abide to the [IACTM Code of Ethics](#).
- Work in a client centred manner at all times during the hypnotherapy process.
- Adhere as much as possible to the [IACTM Core Competencies](#).
- Ensure that the client leaves each session in a resourceful and grounded state.
- Show up on the agreed date and time for each hypnotherapy session.
- Commit to the arrangement made with the client - in terms of the hypnotherapy practitioner's responsibilities, amount of sessions, the session location and duration - whether verbal or in writing.

Client's responsibilities:

By agreeing to hypnotherapy sessions with the hypnotherapy practitioner named below, I, as the client named below will:

- Not engage in hypnosis or hypnotherapy without parental permission if I am under 18 years of age.
- Not hold the hypnotherapy practitioner responsible for any negative states that I might experience either during or after the session(s).
- Not hold the hypnotherapy practitioner responsible for any loss, damage or negative consequences that may result from the hypnotherapy session(s).
- Avoid any unethical behaviours.
- Show up on the agreed date and time for each session.
- Commit to the arrangement made with the hypnotherapy practitioner - in terms of the client's responsibilities, amount of sessions, the session location and duration - whether verbal or in writing.

Client name:

Hypnotherapy practitioner name:

Date:

Date:

Signature:

Signature: